**Karen grew up in Florida and New Jersey and graduated from Rosemont college in Pennsylvania with a BA in Political Science. She then went on to complete the K-8 teacher certification program at Rutgers university in NJ.  
In 1991 she moved to Front Royal with her husband, Brian, to be a part of the homeschooling Catholic community. Karen homeschooled her nine children and has taught high school level science for the past 15 years.  
Her previous work experience includes business management and event coordination.  
She enjoys running destination races, and spending time outdoors; especially at the beach.**